

Office of the Surgeon General's Lines of Effort Support
Enhancing Diplomacy
Dr. Gutierrez
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Hi, my name is Dr. Sacha Gutierrez and I am one of the Medical Evaluation Board (MEB) physicians here at Kimbrough.

The Medical Evaluation Board is one part of Army Disability Evaluation. As a whole, I believe our clinic is grounded in the fundamentals of The Surgeon General's strategic goals.

As a MEB physician I have helped "build capacity" by increasing my productivity. The clinic has changed their processes and procedures back in May and through this change we have been able to optimize our delivery of service to the Soldiers.

We also help enhance diplomacy. We do this by putting on a multi-disciplinary briefing for the Soldiers on a weekly basis. During this briefing we introduce the Soldiers to Army Disability Evaluation and give them a heads up as to what's to come. I think that these measures will help integrate Army Medicine into the patient's White Space.

Lastly, with every patient record review that I do I make sure and call the patient afterwards. During this phone call, I'll bring up some preventative medicine tidbits. For example, I'll talk about ways to exercise despite a disability. I'll also bring up smoking cessation or ways to lower cholesterol. My goal is to help improve the wellness of the patient and thereby improve their stamina.

I am proud to be able to contribute so meaningfully to meeting the Surgeon General's Strategic Goals.

Thank you.